

April 20, 2010

Board of Supervisors
County of Ventura
800 South Victoria Avenue
Ventura, CA 93009

Joan R. Araujo
Deputy Director
VCMC Ambulatory Care Administrator

Barry Fisher
Public Health Director

Robert Gonzalez, MD
HCA Medical Director

Paul E. Lorenz
Deputy Director
VCMC Hospital Administrator
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Medical Examiner/Coroner

Catherine Rodriguez
Deputy Director
Chief Financial Officer

Meloney Roy
Behavioral Health Director

Terrie Stanley
Deputy Director
Managed Care Director

SUBJECT: Approval of and Authorization for the Chair of the Board to Sign Fiscal Year (FY) 2009-10 Amendments to Increase Existing Contracts with Sylmar Health and Rehabilitation Center for Adult Residential Mental Health Services and City Impact (First 5) for Children's Mental Health Services; Ratification, Approval of and Authorization for Fiscal Year (FY) 2009-10 Contracts with City Impact and Interface Children Family Services for Mental Health Services Act Prevention and Early Intervention Services, effective April 1, 2010 through June 30, 2010; Approval and Authorization for the Behavioral Health Director or Designee to extend Agreements; and Approval of and Authorization for the Behavioral Health Director or Designee to Administer the Agreements.

RECOMMENDATIONS:

1. Approval and authorization for the Chair of the Board to sign FY 2009-10 Contract Amendments to increase existing contracts with Sylmar Health and Rehabilitation Center (Exhibit 1) for Adult Residential Mental Health Services and City Impact - First 5 (Exhibit 2) for Children's Mental Health Services for the service period July 1, 2009 through June 30, 2010.

Provider	Budget Unit	Current Contract Max	Proposed Increase	Total FY 09-10 Proposed Contract
Sylmar Health & Rehabilitation Ctr.	5130	\$1,100,000	\$500,000	\$1,600,000
City Impact (First 5)	5130	\$80,000	\$18,451	\$98,451
Total		\$1,180,000	\$518,451	\$1,698,451

2. Ratification, approval and authorization for the Chair of the Board to sign FY 2009-10 Contracts with City Impact for \$135,822 (Exhibit 3) and Interface Children Family Services for \$202,911 (Exhibit 4) for Mental Health Services Act Prevention and Early Intervention Services, effective April 1, 2010 through June 30, 2010.

3. Approval and Authorization for the Behavioral Health Director or Designee to extend the Agreements for up to two (2) additional one (1) year periods with City Impact for an amount not to exceed \$470,400 and Interface for an amount not to exceed \$690,400.
4. Approval and Authorization for the Behavioral Health Director or her designee to administer the Agreements on behalf of the County as may be necessary or appropriate, including by way of example, but without limitation, approving modifications to decrease contract amounts, making non-substantive changes and giving notices of termination.

REASON FOR RATIFICATION:

With respect to Recommendation #2, the State Department Mental Health (DMH) approved the MHSA PEI Plan late October 2009, and receipt of funds followed in November 2009. Since then, staff has been collaborating and negotiating with providers. The contracts have just now been finalized and are being brought to your Board for ratification and approval.

FISCAL/MANDATES IMPACT:

MHL BU # 5130

Mandatory: No ☒ Yes ☐:

Source of Funding: Proposition 10 - Tobacco Settlement, Medi-Cal FFP, Early Periodic Screening, Diagnosis and Treatment, (EPSDT) and First 5 Grant

Funding Match Required: No

Impact on Other Department(s): None

	<u>2009-2010</u>	<u>2010-2011</u>
Summary of Revenue and Total Costs		
Revenue:	\$518,451	\$1,698,451
Costs:		
Direct Cost	\$518,451	\$1,698,451
Indirect - Dept.	\$0	\$0
Total Costs	\$518,451	\$1,698,451
Net County Costs	\$0	\$0
Recovered Indirect Cost	\$0	\$0

FY 2009-2010 Current Year Budget Projection for Mental Health BU#5130				
	Adopted Budget	Adjusted Budget	Projected Actual	Estimated Savings/(Deficit)
Appropriations	\$64,477,401	\$65,976,409	\$66,085,198	(\$108,789)
Revenue	\$53,157,192	\$52,852,192	\$52,960,981	\$108,789
Net Cost	\$11,320,209	\$13,124,217	\$13,124,217	\$0

Note: Sufficient appropriations and revenues are available in the Mental Health FY 2009-10 Adjusted Budget.

FISCAL/MANDATES IMPACT:

MHSA BU # 5180

Mandatory: No [X] Yes []

Source of Funding: Medi-Cal FFP, Early Periodic Screening, Diagnosis and Treatment, (EPSDT) and Proposition 63 Mental Health Services Act (MHSA)

Funding Match Required: None

Impact on Other Department(s): None

	<u>2009-2010</u>	<u>2010-2011</u>
Summary of Revenue and Total Costs		
Revenue:	\$338,733	\$1,160,800
Costs:		
Direct Cost	\$338,733	\$1,160,800
Indirect - Dept.	\$0	\$0
Total Costs	\$338,733	\$1,160,800
Net County Costs	\$0	\$0
Recovered Indirect Cost	\$0	\$0

FY 2009-2010 Current Year Budget Projection for Mental Health Service Act BU#5180				
	Adopted Budget	Adjusted Budget	Projected Actual	Estimated Savings/(Deficit)
Appropriations	\$24,161,591	\$27,354,145	\$24,364,661	\$2,989,484
Revenue	\$27,768,529	\$28,686,887	\$26,615,839	(\$2,071,048)
Net Cost	(\$3,606,938)	(\$1,332,742)	(\$2,251,178)	\$918,436

Note: Sufficient appropriations and revenues are available in the Mental Health Services FY 2009-10 Adjusted Budget.

DISCUSSION:

Recommendation 1:

Sylmar Health and Rehabilitation Center is an Institute for Mental Diseases (IMD) and is sometimes referred to as a “sub-acute” facility designed to take patients out of acute and state hospitals to improve an individual’s functioning, enable clients to manage their own illness, and facilitate recovery in a restricted and in an ultimately more cost effective environment. Sylmar is also the only local facility that offers a restoration to competency program for misdemeanants who are found incompetent to stand trial and are ordered into treatment by the court system. VCBH is mandated to place and treat all court ordered misdemeanants (Penal Code 1370) and has no control over the number of defendants ordered into treatment. Sylmar has served 36 unduplicated clients this year. The increase to the contract will result in approximately 2,673 additional bed days. Ventura County Behavioral Health (VCBH) recommends approval of the First Amendment that will increase the FY 2009-10 Agreement from \$1,100,000 to a new amount not to exceed \$1,600,000 (a \$500,000 increase) for the service period beginning July 1, 2009 through June 30, 2010. The contract is funded by Proposition 10 Tobacco Settlement funds.

City Impact participates as a First 5 provider implementing an early intervention and treatment program utilizing a public/private partnership of bilingual/bicultural mental health professionals adept at providing outreach and engagement, screening and assessment, intervention, treatment, and other services individualized to meet the unique needs of children and their families. To reach the 0-5 years of age population, mental health case management services, and family-centered support services will be provided at Neighborhood for Learning resource centers, in the homes, in pre-school settings, and in the community. These services work to strengthen the social/emotional functioning of both the child and the family. City Impact has served 45 unduplicated clients this year. The proposed First Amendment will increase the FY 2009-10 Agreement from \$80,000 to \$98,451 (a \$18,451 increase), and payable at the following provisional rates: \$3.06 for Mental Health Services and \$2.37 for Case Management. With the proposed increase City Impact will serve an additional 11 families. Interface’s FY 2009-10 First 5 contract will not be fully utilized. The contract is funded by a combination of Medi-Cal FFP, EPSDT and the First 5 grant.

Recommendation 2 & 3:

City Impact and Interface Children Family Services will be providing services through the “Parenting” and “School Based Services Projects” of the Prevention and Early Intervention (PEI) Plan component of the Mental Health Services Act (MHSA). The School Based Services and Parenting Projects are specifically responsive to the priority, as identified by the PEI community planning process, to make prevention and

early intervention services, targeting children/Transitional Aged Youth (youth up to 18 years of age) in stressed families and at-risk of school failure and/or juvenile justice system involvement, readily available and accessible in non-stigmatizing settings. In keeping with the areas of greatest need, these projects will primarily support selective prevention and early intervention services and a multilevel prevention and parenting intervention targeting risk factors associated with disruptive behavior problems, school failure, drug use, and juvenile crime.

Services will be considered 'short term' in nature, with the goal of preventing more severe, long term mental health issues. Individuals targeted for this program are not currently receiving mental health services. Typically, these individuals will not enter services with a mental health diagnosis. The families identified will receive individual, family and group format services. As such, services will be for limited duration – less than 1 year.

Each provider will be assigned to several regions, partnering with school districts in those regions. Mental health clinicians from each organization will provide support to high needs schools, specifically providing evidenced based early intervention mental health treatment. Each provider will be expected to serve approximately 20 families over the next three months and up to 200 families annually.

VCBH is requesting approval to enter into agreements with City Impact and Interface Children Family Services, funded by a combination of Medi-Cal FFP, EPSDT and MHSA funds and payable at the following provisional rates. Contracts may also be extended by Behavioral Director or her Designee, for up to two (2) additional one year periods for the not to exceed amounts indicated below:

PEI Providers	Mental Health Services (per minute)	Case Management (per minute)	Crisis Intervention (per minute)	Non-Medi-Cal Services (per minute)	Start-up Cost	Proposed FY 09-10 Contract (3 mths)	Extension FY 10-11 and FY 11-12 (12 mths)
<i>City Impact</i>	\$2.09	\$1.61	\$3.11	\$1.56	\$29,200	\$135,822	\$470,400
<i>Interface</i>	\$2.61	\$2.02	\$0	\$2.16	\$18,800	\$202,911	\$690,400

Recommendation 3:

In addition to the approval of the above recommendations, VCBH recommends that your Board delegate authority to the Behavioral Health Director (or designee) to administer the Agreements on behalf of the County as may be necessary or appropriate, including by way of example, but without limitation, approving modifications

to decrease contract amounts, making non-substantive changes and giving notices of termination.

This Board letter has been reviewed by the County Executive Office, the Auditor-Controller's Office, County Counsel, and Mental Health Board. If you have any questions regarding this item, please contact Meloney Roy at 981-2214.



MELONEY ROY
Director



MICHAEL POWERS
Director
Health Care Agency

Attachments: Exhibit 1 – Sylmar FY 09-10 Third Amendment
Exhibit 2 – City Impact (First 5) FY 09-10 First Amendment
Exhibit 3 – City Impact (PEI) FY 09-10 Contract
Exhibit 4 – Interface (PEI) FY 09-10 Contract